



# **FIS MASTERS RULES ALPINE ("ICR MASTERS")**

# **FIS MASTERS REGLEMENT ALPIN ("RIS MASTERS")**

# **FIS MASTERS WETTLAUFORDNUNG ALPIN ("IWO MASTERS")**

EDITION 2019/2020

# **LIST OF CONTENTS**

## **INTRODUCTION**

### **A) INTERNATIONAL COMPETITION RULES MASTERS ALPINE SKIING (“ICR-MASTERS”)**

- MA 1) Principles
- MA 2) Eligibility of Competitors – FIS Masters Code Numbers
- MA 3) Age groups (Categories) - Classes
- MA 4) Courses
- MA 5) Equipment Rules - Controls
- MA 6) Entries
- MA 7) The Draw
- MA 8) Race Points - FIS Masters Points
- MA 9) Runs per Race
- MA 10) Start order - Start Intervals
- MA 11) Risk and Safety
- MA 12) Race-Application and Technical Delegate (TD)
- MA 13) Reference to General ICR

### **B) REGULATIONS AND GUIDELINES FOR THE ORGANIZATION OF FIS MASTERS RACES**

#### **I) GENERAL REGULATIONS AND GUIDELINES FOR ORGANIZERS**

- MA 21) Definition
- MA 22) Types of Competitions
- MA 23) Rules relevant for Masters Racing
- MA 24) The FIS-ICR Masters Alpine Skiing specify
- MA 25) Technical Requirements
- MA 26) Preparing a race
- MA 27) Other activities
- MA 28) Fees

#### **II) RACE COURSES**

- MA 31) Course setting
- MA 32) Slalom
- MA 33) Giant Slalom
- MA 34) Super-G
- MA 35) Alpine Combined

#### **III) CONDUCT OF THE RACE**

- MA 41) Warm up
- MA 42) Course Inspection
- MA 43) Start Interval - Course Maintenance
- MA 44) Essentials

#### **IV) ADMINISTRATION**

- MA 51) Race Program - Program Planning
- MA 52) Entries - FIS Code Numbers - Entry Fees - Refunds
- MA 53) Team Captains' Meetings and Draw
- MA 54) Race Office - Notice Board
- MA 55) Wax Room
- MA 56) Start Numbers
- MA 57) Result board at Finish
- MA 58) Result Lists - Penalties
- MA 59) Prize giving
- MA 60) Social Program
- MA 61) Sponsors

#### **C) "FIS WORLD CRITERIUM MASTERS ALPINE SKIING" – SPECIFIC REGULATIONS**

- MA 71) Official Title
- MA 72) Assignment – Conditions - Event Frequency
- MA 73) Limits on Participation
- MA 74) FIS Inspection
- MA 75) Entry Closing - Fee Payment - Refunds
- MA 76) Medals
- MA 77) Banquet
- MA 78) Bibs - "Personalized" Bib System

#### **D) "FIS MASTERS CUP FINALS" – SPECIFIC REGULATIONS**

- MA 81) Overall Masters Cup
- MA 82) Point Calculation
- MA 83) Double FIS MASTER Cup Points at Finals
- MA 84) Tie brake Rule
- MA 85) Organizers' Duties
- MA 86) Completing Overall Classification
- MA 87) Prizes
- MA 88) Awards – Closing Banquet

## **A) INTERNATIONAL COMPETITION RULES MASTERS ALPINE SKIING (“ICR-MASTERS”)**

### **MA 1) PRINCIPLES**

The purpose of these rules is to provide alpine skiers 30 years of age and older (=“Masters”) with a system

- to compete with other skiers of similar age and physical ability in the spirit of fairness and sportsmanship,
- to achieve long-lasting physical fitness and health by offering desirable goals to train for,
- to help promote an environment of friendship and understanding among sports people of all nations,
- to promote competitive skiing around the world

### **MA 2) ELIGIBILITY OF COMPETITORS – FIS MASTERS CODE NUMBERS**

#### **a) Age and Membership**

Participation is limited to male and female skiers who are members of their National Ski Association and reach the age of 30 years by December 31 of the current “Competition Year”. A Competition Year starts on July 1 and ends on June 30 of the following year.

Example: A racer born between Jan 1 and Dec. 31, 1980: qualifies for Masters Racing for the first time in the Competition Year 2010/2011 (starting July 1, 2010).

#### **b) FIS MASTERS Code Numbers**

- Every racer participating in FIS Masters Races must have a FIS Masters Code Number, used for identification purposes and electronic data transfer. Logically one person is entitled to one FIS Masters Code Number only.
- How to obtain a FIS Masters Code Number – see rule MA 52) b).

### **MA 3) AGE GROUPS (CATEGORIES) – CLASSES**

Organizers are requested to use the precise terms for each class (as shown in this chapter) in all official papers (esp. results and starting lists).

## MEN

Category Class	Age	Category Class	Age
A (Group A)		B (Group B)	
A – 1	30 - 34	B – 7	60 - 64
A – 2	35 - 39	B – 8	65 - 69
A – 3	40 - 44	B – 9	70 - 74
A – 4	45 - 49	B – 10	75 - 79
A – 5	50 - 54	B – 11	80 - 84
A – 6	55 - 59	B – 12	85 - 89
		B – 13	90 – 94, etc.

## WOMEN

Category Class	Age	Category Class	Age
C (Group C)		C (Group C)	
C – 1	30 - 34	C – 6	55 - 59
C – 2	35 - 39	C – 7	60 - 64
C – 3	40 - 44	C – 8	65 - 69
C – 4	45 - 49	C – 9	70 - 74
C – 5	50 - 54	C – 10	75 - 79
		C – 11	80 - 84
		C – 12	85 - 89
		C – 13	90 – 94, etc.

The number of participants per country is not limited (except restrictions agreed upon for FIS World Criterium).

### MA 4) COURSES

All competitions must be carried out on FIS-homologated courses with the following vertical drops:

a) Slalom: min. 120 m – max.180 m all Categories

For indoor Slalom competitions: min. 50m – max. 80m three runs all Categories  
min. 80m two runs all Categories

Number of courses: If the total number of participants (A+B+C) exceeds 90 (ninety) competitors, separate courses have to be set for the Categories B/C and A (World Criterium: Separate courses for each Category are mandatory)

b) Giant Slalom: min. 250 m – max. 350 m Category A  
min. 200 m – max. 300 m Category B/C

Number of courses: Separate courses for B/C and A are preferred, but racing on one course is permitted if 2 race-courses are not available. If feasible, install 2 starts from

different level platforms. If the sum of the number of competitors of the largest of the three categories with the number of competitors from the smallest category exceeds 150 competitors, then 2 separate courses are mandatory and the largest category will race on one course and the two smaller categories on the other. (World Criterium: Separate courses for each Category are `mandatory.) – see rule MA 33)

c) Super-G:           min. 300 m – max 400 m           all Categories

The course of a Super-G in Masters Races must to be suited for Masters Skiing – shorter, with smaller radius curves, slower and therefore safer than a regular international Super-G. If the sum of the number of competitors of the largest of the three categories with the number of competitors from the smallest category exceeds 150 racers, then 2 separate courses are mandatory and the largest category will race on one course and the two smaller categories on the other. (For the World Criterium: Super-G courses for A, B and C must be run on separate days and on separate courses. If they are run on the same day they must have separate slopes).

d) Alpine Combined

Vertical Drop for Super G as per c) above and for the Slalom run as per a) above. If the sum of the number of competitors of the largest of the three categories with the number of competitors from the smallest category exceeds 150 racers, then 2 separate courses are mandatory and the largest category will race on one course and the two smaller categories on the other

## MA 5)    **EQUIPMENT RULES - CONTROLS**

### a) Rules for skis, plates, boots

Referring to “FIS Specifications for Competition Equipment” the following Equipment Rules are the most important to MASTERS Racing:

#### **Geometric Features for Masters**

For MAS Racers the following specifications in regard to ski length (except Super G), radius and profile width are recommendations. The minimum ski length for Super G skis is compulsory for MAS Racers. No length, width or ski radius restriction for Women above 55 and Men above 65 years of age.

a) Slalom: Length:           Men:        165 cm -  
  Women:   155 cm -

b) Giant Slalom:           Men:        185 cm – 5 cm tolerance = 180 cm  
  Radius    27 m  
  Women:   180 cm – 5 cm tolerance = 175 cm  
  Radius    23 m

c) Super-G:  
      Minimum ski length is mandatory, radius recommended:  
  Men:        185 cm without tolerance  
  Radius    27 m

Women: 180 cm without tolerance  
Radius 23 m

Giant Slalom Skis may be used in Super-G.

**Maximum Height of Skis/Plates and Ski Boot Soles:**

Max. Distance from ski running surface to boot sole: 50 mm - mandatory

Max. Distance from boot sole to base of foot: 45mm - recommended

**b) Rules for Crash helmet**

(see rule MA 11) (Safety)

In all events, competitors and forerunners are obliged to wear a crash helmet.

**c) Controls**

- The TD is responsible to check randomly selected athletes for compliance with the FIS Equipment Rules.
- However, the TD is obliged to check an athlete's equipment if asked by a competitor or Team Captain. Controls should preferably be made before the start. The TD may delegate this duty to other members of the jury (start referee).
- No protest fee will be charged if a complaint is made before the start. The regular protest fee applies if the complaint is made after the accused racer has started.

**MA 6) ENTRIES**

The entries (using FIS Entry Forms, including year of birth, FIS Masters Code Numbers and current points) must be sent by a National Ski Association and must be with the Organizing Committee no later than 24 hours before the first draw, preferably 4-7 days before the first race (World Criterium: a minimum of 20 days is mandatory).

Late entries can be admitted at the discretion of the Organizing Committee.

Each National Ski Association bears the responsibility that their entered competitors have signed the FIS Athlete's Declaration and are licensed to compete internationally.

Regarding FIS-Code Numbers see rule MA 52 c).

**MA 7) THE DRAW**

FIS-Masters points are used to seed the racers in each class. The first seed (between 2 and max. 7 racers per class, with the number of competitors to be determined by the Jury according to the size of the age class and point gaps\* in the seeding list in each class) is drawn, followed by racers in the ascending sequence of their points.

Competitors without points are drawn last. \*The points gap (difference between the points of the first seed and the last seed in this first seed group) may not exceed 100 FIS Masters Points.

**MA 8) RACE POINTS - FIS MASTERS POINTS**

**a) Race Points**

- The race points will be calculated according to the alpine formula separately for each Category (A, B and C), with the fastest racer of his Category

receiving 0 points. Penalties are to be calculated by TD or Race Organizers, these will be added to the Race Points. Penalties are to be calculated as per item 4.4 of the Rules for the FIS Alpine Points.

- Slalom points are given for Slalom, Giant Slalom points for GS and Super-G points for SG. (Super-G points can be used for the draw in Downhill where applicable). In Alpine Combined Masters Events, Alpine Combined as well as SG points are awarded to the competitors.

#### **b) FIS MASTERS Point List**

All FIS Masters Races which are directed by a FIS-Technical Delegate and are listed in the FIS-Calendar receive points valid for the FIS Masters Point List. Minimum and maximum Penalties F values and Adders are established by the S/Committee for Masters Racing for different levels of races.

#### **Base list**

- b) 1 Base FIS Points list (BL) (\*)  
The Base FIS Points List (BL) will be published middle of June.
- b) 1.1 The average of the best two results in each event during the past season will be used for the calculation of the BL list.
- b) 1.2 For a competitor who has obtained only one result in any of the alpine events (Downhill, Slalom, Giant Slalom, Super-G or Alpine Combined), during the past season period, a 20% (+) of his result will be added to the result.
- b) 1.3 For a competitor who has not obtained results in any of the alpine events (Downhill, Slalom, Giant Slalom, Super-G or Alpine Combined), during the past season period, a 50% (>) will be added to the previous BL points. These competitors must remain registered as active with the FIS.
- b) 1.4 If the status as injured is approved, and a competitor has not started more than five (5) times across all events during the valid season. 10% (#) will be added to the competitor's BL if the current points are not better as the protected points.
- b) 1.5 Normal FIS Points list (NL)  
The list number one will be published 1st July based on the BL.
- b) 1.6 The NL will reflect the average of a competitor's best two results in each event during the current period if the points are better than the BL.
- b) 1.7 Only one Result and no BL points  
20% will be added to the competitors result.
- b) 1.8 Only one Result and BL points  
If the competitor has only one result per event during the current season, but has BL points, then the FIS Points will be that result plus 20% or the BL points, whichever is better.



b) 1.9 Validity Period

The validity period of the results is the current season.

**b) 2 Injury Status**

b) 2.1 Registration

When a competitor injures them self and applies for the single penalty, the National Ski Association must apply to the FIS as soon as possible or latest 30<sup>th</sup> April for the approval using the official form and submitting a medical certificate. This official form and medical certificate are only valid for one season.

b) 2.2 Conditions

- At least 8 months must have been passed between the time of the injury and the competitors 1<sup>st</sup> start.
- Competitors must remain registered as active with the FIS to maintain injury protection.
- A competitor has not started more than five (5) times across all events during the valid season.

**b) 3 Printing Deadlines and Validity of the Individual Lists**

The printing deadlines and validity date will be fixed every year by the Sub-Committee for Masters Racing in conjunction with the FIS Office.

(see also rule MA 58)

**MA 9) RUNS PER RACE**

**a) Slalom**

Slalom must be raced in 2 runs, C/B and A to race on separate courses. Course setting must be organized in such a way that course inspection on one course is possible while the race continues on the other course. In exceptional cases where conditions force the Jury to cancel the second run, the S/Committee may declare a one-run slalom as valid.

**b) Giant Slalom**

It is optional as to whether Giant Slalom is raced in one or two runs.

**c) Super-G**

Super-G is raced in one run.

**d) Alpine Combined**

The Alpine Combined is composed of one SG and one Slalom run.

**MA 10) START ORDER - START INTERVALS**

**a) Start order**

- If all 3 Categories compete in the same course and in Slalom competitions the women (Cat. C) start before the men (Cat. B), younger men (Cat. A) to start last. The jury may decide differently only if advantageous for C and B.

- In Super G, GS and Alpine Combined, if two separate courses are organized, the women (Cat. C) will start first on their course. The jury may decide differently only if advantageous for C. The Jury will also decide if the largest category starts first or the two smaller categories start first.
- Within Categories older classes start before the younger ones.
- Start order Second Run:
- Following the "Bibo-Rule" the fastest 5 racers from the first run – in each 5-year class – start first in reverse order, the other racers follow in the order of their first run times.

**b) Start Intervals**

The Jury decides on start intervals, normally 30 seconds.

For men above 75, women above 70 and between classes the intervals should not be shorter than 1 minute. After a visibly slow racer a longer (double) interval is recommended.

**MA 11) RISK AND SAFETY**

**a) Risk**

- Principally Masters race at their own risk. All competitors must sign FIS Athletes' Declaration Forms which are to be collected by their National Ski Associations.

**b) Safety**

- Crash helmets are mandatory for all events. In case of bad weather, snow conditions, course preparation or visibility endangering the completion of a correct race, the Jury decides about continuation, interruption, postponement or cancellation of the race. The main emphasize is the safety and health of the competitors.

**MA 12) RACE APPLICATION AND TECHNICAL DELEGATE (TD)**

**a) Race Application**

- To be awarded a FIS Masters Race the Organizers have to submit a FIS Application Form through their National Association. (Rule MA 72), first paragraph is valid for all FIS Masters Races.

**b) Technical Delegate**

- A Technical Delegate gets appointed. His expenses are to be paid by the Organizers according to ICR 602.5.
- In addition to directing the race and filing the TD-Report it is the responsibility of the TD to supply the following with results: (electronically and hard copies):
- To the Masters Secretary in the FIS-Office for inclusion into the Masters Point List and filing.
- Results of FIS Masters Cup only (including World Criterium) to the responsible person for the Overall Points Calculation of the FIS Masters Cup ("Masters World Cup").

- Hard copies only to the Chair of the S/Committee Masters and the National Masters Chair of the organizing country.
- On addresses and Computer Formats see rule MA 58),
- On TD's duties to check on Equipment Rules see rule MA 5) b)

### **MA 13) REFERENCE TO GENERAL ICR**

These Masters Rules are part of the FIS International Competition Rules.  
Wherever there is no specific Masters Rule, the Rules of the General ICR apply.

## **B) REGULATIONS AND GUIDELINES FOR THE ORGANIZATION OF FIS MASTERS RACES**

### **I) GENERAL REGULATIONS AND GUIDELINES FOR ORGANIZERS**

#### **MA 21) DEFINITION**

- “Regulations” are mandatory like Rules.
- “Guidelines” are recommendations, based on years of experience directing and racing Masters Races and put in place to avoid common mistakes.

#### **MA 22) TYPES OF COMPETITIONS**

International Masters Races are run under the auspices of the International Ski Federation (FIS), as follows:

- “FIS World Criterium Masters Alpine Skiing” (Symbol WCM), unofficially also known as “Masters World Championships”, organized yearly.
- “FIS Masters Cup” (Symbol FMC), about 20-30 races yearly, women and men, leading to Overall Masters Cup Winners at the end of the season according to the World Cup System and with a Final Event at the end of the Competition Year.
- “Internationaler Alpencup” (Symbol ALP), comprising traditionally 3-4 Giant Slaloms for men, with a final event and overall winners by points
- Other international “FIS MASTERS RACES” (Symbol MAS) as listed in the FIS Calendar.
- Continental Cups Masters (Symbol COC)

#### **MA 23) RULES RELEVANT FOR MASTERS RACING**

- FIS - ICR Masters Alpine Skiing – MA 1) – MA 13) above
- FIS - General ICR
- These “Regulations and Guidelines” including “Specific regulations“ MA) 21 – MA) 88
- FIS Masters Point List, published at least once a year by FIS-Office
- FIS Calendar Masters
- Homologation Rules for courses

#### **MA 24) THE FIS-ICR MASTERS ALPINE SKIING SPECIFY**

- 1) Principles
- 2) Eligibility of competitors
- 3) Age Groups and Classes
- 4) Courses
- 5) Equipment Rules and Controls
- 6) Entries
- 7) The Draw
- 8) Race Points - FIS Masters Points
- 9) Runs per race
- 10) Start order – Start Intervals
- 11) Risk and Safety

- 12) Race Application and Technical Delegate (TD)
- 13) Reference to General ICR

#### **MA 25) TECHNICAL REQUIREMENTS**

- Suitability of Race Courses according to FIS Rules, as defined in FIS-Homologation.
- Rules for the specific events SL, GS and Super-G.
- Most important is a slalom hill allowing two parallel courses.
- Except for big events it is possible to use one set of timing equipment (always in accordance with the Timing Booklet), one finish area, and one group of gate judges, slip-crew and officials.
- Two separate GS-courses are preferred, but one is acceptable except for World Criterium.

#### **MA 26) PREPARING A RACE**

- Obtain your National Ski Association's approval at least one year in advance.
- Apply, using a FIS Application Form, through your National Ski Association in April or May.
- Get a copy of all relevant rules for Masters races.
- If you want, suggest a TD of your preference to be appointed by the head of your national TD Forum (the TD may come from your own country).
- Make an arrangement with your local Lift Company for reduced, preferably no cost Ski.
- Passes for racers and accompanying companions.
- Make sure your computer software is suitable for Masters Racing and compatible with the needs of the FIS-Office – see rule MA 58).
- Prepare Race Programs to be distributed in time to the Masters Representatives of all Ski Associations concerned, officials and competitors and posted on the Internet (at least 3-6 weeks before the event, possibly at a preceding race), - see rule MA 51).
- Organize an accommodation reservation center (your local Tourist Office); be sure to provide different price categories.
- Communicate about one month before the race with an experienced Masters Official in your Ski Association or FIS, invite him/her to help you to train your local team in details of the organisation.
- Organize the Race Office. Find a friendly Team which Masters racers will appreciate.

#### **MA 27) OTHER ACTIVITIES**

Set up connections with the Media - local, regional and national Press, Radio and TV companies.

- Undertake local publicity
- Website/Internet
- Acquire sponsors for advertising, paper, start numbers, start and result lists, placards or financial support etc.

- If the event runs over 2 or more days, organize social events for competitors, ideally between 18 and 19:30 hrs. after the Captains' Meeting, and possibly with the prize giving, where any program changes can be announced.
- The Organizers are responsible for providing medals or trophies for the top 3 in each class (possibly 5 at major events) and trophies for the winner in each Category A, B ,C and D (D= Women 55 and over) –Best Time of the Day. Minimum wording requirements as per Rules MA) 59 and MA) 76.
- Organize daily prize giving; on the final day that should be as early as possible near the Finish Area to enable an early departure of the competitors.

### **MA 28) FEES**

After being awarded a FIS Masters Race the Organizers are required to transmit without delay the prescribed FIS Calendar Fee through their National Ski Association.

After the race:

The Organizers are requested to transfer without further notice to the “International Masters Fund” part of the Entry Fees taken in. It is determined by the number of Entry Fees collected from each competitor for each race entered. A detailed list of the Fees transferred is to be enclosed with the result lists mailed to the Chair of the S/Committee Masters.

The following Fees are payable, in Euros, within two weeks from the last race to:

Beneficiary Client:	FIS – International Ski Federation
Beneficiary Bank:	Credit Suisse AG
Bank Address:	Via Maistra 6 7500 St. Moritz Switzerland
IBAN:	CH13 0483 5040 6292 3201 4
BIC (SWIFT):	CRESCHZZ75C
Fees:	
FIS Masters Cup:	Euro 2.00 per competitor and race
WCM:	Euro 2.00 per competitor and race
All other FIS Races:	Euro 0.75 per competitor and race

Bank Transfer to be arranged “without charges for the beneficiary“.

An organizing Ski Resort may not be appointed to run another Masters race before they have paid their dues from the previous race.

The International Masters Fund is controlled by the S/Committee Masters.

Account: Payments may only be made to the benefit of International Masters Racing (example: Trophies for the Overall Masters Cup Winners).

## **II) RACE COURSES**

### **MA 31) COURSE-SETTING**

The Organizers are responsible for providing experienced course setters. General ICR-Rules applies, except where there are specific ICR Masters Rules (e.g. relating to vertical drop, course characteristics etc.).

- Flowing and rhythmical courses should be set close to the fall line, avoiding pitfalls.
- Avoid setting very fast courses with dangerous jumps.
- Avoid special measures for reducing speed, such as sharp turns or long traverses.
- Provide hard, machine packed courses, preferably on man-made snow, continuously maintained by course workers to ensure equal conditions for all competitors (see rule MA) 43 b).
- For all events of Masters races the course setter should set the number of gates taking the nature of the terrain into consideration, the conditions of the slope and the ability of the competitors.
- All race courses must be FIS-homologated for the appropriate event.
- The race should be decided by skill and good technique and not by crashes and disqualifications. First priority must be given to the safety of the racers.

### **MA 32) SLALOM**

- Set open, rhythmic courses with the aim to avoid too many falls.
- See rule MA 4) a) concerning separate courses for C/B and A Categories.
- Recommended Race Order (if you have only one set of officials at your disposition):
  - 1st Run for C and B competitors, followed by 1st run for A competitors; at the same time 2nd run setting and inspection by C and B competitors.
  - 2nd run for C and B competitors, at the same time 2nd run setting and inspection for A competitors, followed by 2nd run for A competitors. For the second run start order see rule MA 10) a)

### **MA 33) GIANT SLALOM**

- Can be executed in 1 or 2 runs on the same day (2nd run start order: The "Bibo-Rule" is to be followed as in Slalom).
- Ideally there should be 2 separate courses (see Rule MA 4) b) . Where only one course is acceptable by the rules, the course is to be re-prepared between Categories
- If ruts or rocks are showing it is recommended to offset the turning poles no more than 1 meter. The general line is not to be altered, therefore no additional inspection is needed.
- To avoid protests this should be agreed upon at the Team Captain's Meeting, see also rule MA) 43 b).
- Recommended Start Interval: 30 seconds – see rule MA 10).

#### **MA 34) SUPER-G**

- Avoid extreme speed, risky jumps and undulating courses, and take particular notice of dangerous areas and a safe finish area run-out. Try to avoid blind gates!
- Masters Super-G has to be set to the ability of Masters racers – shorter, with smaller radius curves, therefore slower and safer than a regular international Super-G. It must be considered that GS-skis with 21 m radius are permitted – see rules MA 4) c) and MA 5)c).
- The above rule has priority over the required number of gates as stated in the general ICR.

#### **MA 35) ALPINE COMBINED**

- Is the result of a Super G and a single Slalom run held according to the technical regulations for Slalom and those for Super G. The Alpine Combined event consists of two runs.
- The Super G must be held on a course specifically homologated for Super G. The Slalom may be held on the same course used for the Super G.
- If possible both runs should be held on one day, but it is also permitted to hold them in subsequent days.



### **III) CONDUCT OF THE RACE**

#### **MA 41) WARM UP**

Free skiing inside the designated Race Slope is forbidden and must be strictly controlled. Where possible a parallel warm-up slope is to be provided.

#### **MA 42) COURSE INSPECTION**

In soft snow conditions, when inspection by side slipping through the gates would damage the slope and therefore cannot be permitted, it is not sufficient to make an announcement at the Team Captains' Meeting. To reach all racers, they have to be informed at the start, the gates should be cordoned-off, or slanted poles planted on the line inside the gates.

#### **MA 43) START INTERVAL - COURSE MAINTENANCE**

##### **a) Start Interval**

Run the race swiftly, choosing the shortest reasonable Start Interval (30 seconds) - see rule MA 10) b).

##### **b) Course Maintenance**

In any race, when different Categories are run on the same course, the race must be interrupted by a minimum of 10 minutes between the Categories C and the following Category (if more than 25 Women have raced), but preferably more between B and A in case that Category A and B is run on the same course - in order to give sufficient time to prepare the course. If ruts or rocks are showing the turning poles are to be reset by the minimum distance to avoid the obstacles. In this case Rule MA 33) (as to an additional inspection) is to be applied.

A sufficient number of side slippers is to be supplied for permanent side slipping between racers. If necessary, the track is to be maintained with appropriate tools.

#### **MA 44) ESSENTIALS**

Especially for Slalom: Keep interruptions between two runs as short as possible, by planning to reset the course and course inspection immediately after finishing the first run.

## **IV) ADMINISTRATION**

### **MA 51) RACE PROGRAM - PROGRAM PLANNING**

#### **a) Race program**

The Race Program should be presented in 2 languages, including English, and must contain:

- Name of Race Organizers, Ski Resort, Dates of Races
- Organizing Committee, Officials, Sponsors
- Program of events and Team Captains' Meetings
- Registration deadline - see rule MA 6) – and addresses
- Entry fees and Lift Pass costs
- Technical details on race courses and their location
- Details for Prize giving and Social Program
- Accommodation details with address, E-mail, Tel. No., Fax of the accommodation office
- Access details (e. g. road map, street plan of resort, area map)

#### **b) Program Planning**

If there are 2 or more races, it is advisable to plan the least time consuming event (GS) for the last day to facilitate early departure of competitors.

### **MA 52) ENTRIES - FIS CODE NUMBERS - ENTRY FEES - REFUNDS**

#### **a) Entries**

- see rule MA 6) on Entries
- Team Captains are required to double-check actual participation of their competitors entered – for each race – to reduce the number of non-appearances at the start.
- National Masters Chairs are encouraged to introduce appropriate reasonable measures for racers notoriously failing to appear at races without excuse, not paying their entry fee.

#### **b) FIS MASTERS code numbers**

- See rule MA 2) b)
- Entries must include each racer's FIS Masters Code Number. For new racers it can be requested by a National Ski Association (with correctly spelled name, indicating gender, nation and year of birth) at the FIS-Office ([alpine@fisski.ch](mailto:alpine@fisski.ch)) and obtained by return mail (usually the same day) during office hours – or better:
- Federations can set up a new racer online – also on weekends (ask FIS Alpine Coordinator for a login).

### **c) Entry Fees**

- Currently, entry fees are not to exceed € 20.- (or equivalent) per race, per person. They are collected individually upon the distribution of the start numbers (see also rule MA 75) concerning World Criterium).

### **d) Refunds:**

- The Refund Rule in case of a cancellation as outlined in rule MA) 75 b) is valid for all Masters Races.

## **MA 53) TEAM CAPTAINS' MEETINGS - DRAW**

- These should start at approximately 17 hrs. and be finished before dinner, preferably with
- Reception or prize giving, where final program changes can be announced. The Team Captains Meeting on the day before the first race is suggested to start at 18 hrs. or 19 hrs. to accommodate late arrivals.
- It is suggested that only Team Captains should attend and participate, athletes to be admitted as observers only if enough space is available.
- Draw – see rule MA 7)

## **MA 54) RACE OFFICE - NOTICE BOARD**

- The Race Office should be easy to find and clearly identified.
- Information Boards are to be provided outside the office, accessible also outside office hours. They are also useful at the Lift Station (top or bottom) and at the Start.
- Please consider that Team Captains cannot reach all their racers as they arrive individually and stay in different accommodations.
- Information needed: Schedule, lift opening times, location and time for bib collection and awards party, lift passes, race area access, start lists, results of the day, social program.

## **MA 55) WAX ROOM**

For major competitions, a ski preparation room should be provided, particularly if hotels are unable to provide such facilities.

## **MA 56) START NUMBERS**

The racers will collect them individually. Distribution of the start numbers must be very well organized because of the limited time to collect entry fees and lift pass payments – pass them out by Category (A, B, C) and have sufficient helpers to do this. Prepare sufficient start lists for issue.

There should be separate start lists for each category (eventually combine B/C). In big events consider distributing a portion of the start numbers in the Race Office on the evening before race day.

## **MA 57) RESULT BOARD AT FINISH**

Important: A Result board must be provided at a safe location in the finish area where times are to be posted after each racer, divided by age classes.

Have a multi-lingual speaker in the finish area and an electronic display.

## **MA 58) RESULT LIST - PENALTIES**

### **a) Result Lists**

- In the result list each racer must be identified (besides correct spelling of the name) with Code No., Nation Symbol and Year of Birth.
- There should be a copy for each competitor, distributed as soon as possible, and no later than the prize giving each evening. They must be separated into appropriate age-classes (30-34, 35-40, 40-44 etc.). If possible Categories B/C should be published separately from Category A.

### **b) Penalties**

- Race penalties are to be calculated as per rule MA 8).

## **MA 59) PRIZEGIVING**

- See also rule MA 27)
- An Awards Ceremony should be conducted in a festive manner, using the traditional "3-step winners' podium". Display of prizes, sound system, speaker, access for spectators and music are all appropriate.
- For one-day races, the prize giving should be organized shortly after the race in or outside a nearby restaurant.
- For two-day events, a cocktail reception is recommended on the first day, ending before dinner time. 18.00 hrs. is a good time to start for your local dignitaries and speeches, including the awards of the day. On the second day, somewhat shorter, Prize giving should be organized near the Finish Area, a short time after the race to facilitate a rapid departure of the competitors.
- For longer competitions, treat these in a corresponding manner like two-day events.
- As per Rule MA 27), the top 3 in each class get medals or trophies (possibly 5 at major events), which are to be supplied by the race organization. The Organizer is also obliged to honor the best time of the day in each Category A, B, C and D (D = Women 55 and over) with trophies.

Medals should be in Gold, Silver and Bronze, with a substantial appearance and a minimum diameter of 50 mm.

Trophies and medals must show the Official Title of the Event ("FIS MASTERS CUP" for FMC events, "FIS MASTERS RACE" for MAS events or "FIS CONTINENTAL MASTERS CUP" or CoC events), the name of the resort and the year. The event and the ranking must be shown. In addition, trophies and medals may show a presentation (picture or emblem) of the event, resort and/or sponsor.

## **MA 60) SOCIAL PROGRAM**

- see also rule MA 27)
- It is very important that every Masters Event offers the opportunity to meet socially with racing friends from other nations. Hence, you are asked to:
- For one or two-day events – see rule MA 59) above

- Where the competition extends over several days, two or more social gatherings could be organized – including a welcome cocktail and an end-of-championships banquet.
- Evening events after dinner and before race days have proved to be unpopular.

**MA 61) SPONSORS**

- Cooperation with supporting sponsors is left to the discretion of the Organizing Committee.

## **C) “FIS WORLD CRITERIUM MASTERS ALPINE SKIING” – SPECIFIC REGULATIONS**

### **MA 71) OFFICIAL TITLE**

English: “FIS World Criterium Masters Alpine Skiing”

German: “FIS Weltkriterium Masters Ski Alpin”

French: “FIS Criterium Mondial Masters Ski Alpin“

Italian: “FIS Criterium Mondiale Masters Sci Alpino”

The full official title is to be used in all publications: Result Lists, Race Programs, on Medals etc. The popular name “Masters World Championships” may only be used as an unofficial sub-title.

### **MA 72) ASSIGNMENT – CONDITIONS - EVENT FREQUENCY**

- Upon a bid by a National Ski Association the World Criterium is assigned to the National Federation (who takes first responsibility), including the correct transfer of fees according to Rule MA 28) and a Ski Resort. By accepting the assignment both agree to follow these FIS-Rules and – within these – eventual directions based on decisions of the S/Committee for Masters Racing (or its Chair). This paragraph is valid for all FIS Masters Races – see Rule MA 12) a.
- A Ski Resort can be awarded with the World Criterium only after having organized at least one event with a Minimum of two FIS Masters Cup Races. (exceptions to be decided by the S/Committee).
- Snowmaking is required on all race courses.
- Before the Calendar is finalized, the Criterium Organizers have first choice of date in order to offer the best conditions in regard to snow conditions and accommodation. Dates should be agreed at least 15 months before the event.

The Criterium is to be organized annually, preferably in late February or in the beginning of March, through 5-6 days with Super-G, GS and SL, plus an additional GS valid for FIS Masters Cup. The “World Championships”- Races also count as FIS-MC Races.

### **MA 73) LIMITS ON PARTICIPATION**

#### **a) For Organizers**

- The number of competitors is limited to about 400 – 500 depending on the ability and quality of the Organization. Exceptions must be sanctioned by the S/Committee Masters.
- If there are less than 400 competitors, the Organizing Nation is permitted to make up the difference.
- In case too many participants are expected, communicate with the S/Committee Chair and the big Nations will be asked to limit the number of their participants.
- Aiming to help the Organizers getting a manageable number of participants, the

- S/Committee Masters has the right to limit the number of participants per Nation.

**b) For Teams**

- Only competitors with FIS Masters Points are accepted, with the following exceptions:
  - Every Nation can add to its Team a maximum of plus 20 % racers without points (example: 40 plus 8).
  - Nations entering less than 10 competitors holding points may fill up their team to a quota of 10 racers.

**MA 74) FIS INSPECTION**

- The Organizers are requested to invite at their expense a FIS Masters Inspector (S/Committee Chair or another knowledgeable person delegated by the Chair) to control and if appropriate help improve details of the Organization. The time span advised is 4-8 weeks before the event.
- The following subjects are to be inspected: slopes, snow conditions, snowmaking, homologation, finish areas, accessibility, time keeping system, FIS compatible software program (available free of charge from the FIS IT Department), bib system – see rule MA78), costs to racers (entry fees, ski passes, lodging), schedule, expected number of participant quota of racers from the organizing country, location of race office and awards, medals, accommodation office, lodging, waxing facilities, social program, discuss functions in the organization, course setters, gatekeepers, course workers (slip crews), rescue system, race doctors, helicopter, closest hospital, eventually help in updating key people of the Organization in regard to rules and procedures proved to be successful, etc.
- To calculate the expenses for the inspector, the rules for Technical Delegates apply. It is advised to have also the TD of the Criterium participating.

**MA 75) ENTRY CLOSING - FEE PAYMENT - REFUNDS**

**a) Entry Closing**

- Entries for the Criterium close 20 days before the first race. National Chair are asked to give estimates on their number of participants as soon as the winter starts in monthly intervals before the event to the S/Committee Chair who will pass these numbers on to the organizers.

**b) Fee Payment**

- Entry Fees are paid individually upon arrival in exchange for the bib or Lift pass – see also rule 52) b). Organizers are entitled to collect entry fees from racers before the first race for all events they are entered. On the Entry Forms accurate specifications of the races each racer plans to start in are required.
- See rule MA 52) a) on Team Captains' duties to help reduce the numbers of DNS (did not start).

**c) Refunds**

- In case that a race has to be cancelled where entry fees are already paid, the full entry fee must be refunded if the race is cancelled before the day of the race (refunds are to be collected by the racers on site at the race office only). If the course is set and the race is cancelled on the day of the race a fair solution is to be found between the Jury and the Organizers.

#### **MA 76) MEDALS**

The Organizers are responsible for providing Medals in Gold, Silver and Bronze for the top 3 racers in each class, with a substantial appearance and a minimum diameter of 75 mm, worthy of World Championships.

Additionally, the Organizers are responsible for providing trophies for the Best Time of the Day for the winners in Category A, B, C and D (D= Women 55 and over).

Trophies and medals must show the Official Title of the Event (according to rule MA 71) – “Alpine Skiing” may be left out), the name of the resort and the year. The event and the ranking must be shown. In addition the medal may show a presentation (picture or emblem) of the event, resort or sponsor. A model or design must be approved by the S/Committee Chair or FIS Inspector before ordering production.

The Awards Ceremony should be organized in a festive manner appropriate to a World Championship.

#### **MA 77) BANQUET**

As a social highlight an elegant Dinner Banquet (preferably sponsored) should be organized towards the end of the event, but not on the day of expected departures. If connected with an Awards Ceremony, access must be possible without payment.



## **MA 78) START NUMBERS (REGULAR) - “PERSONALIZED” BIB SYSTEM**

### **Regular:**

Handing out and collecting Start Numbers (bibs) in the order of the Start List every race day requires good organization and many helpers (see also rule MA) 56). However, this system facilitates the work of gate judges identifying racers to be disqualified as well as identifying them at the finish line to assign times correctly.

### **“Personalized” Bib System:**

Considering the large field of athletes at the Criterium it can be helpful to give out only one bib for the whole week (identifying the racer, maybe to keep as a souvenir), rather than daily a set of bibs in the exact start order. This can save waiting lines and many working hours of handing out and collecting bibs. But the system can only be successful if the following measures are taken:

#### a) Start List:

Besides listing the racers in the order of departure, the actual bib numbers as worn by the racers must be stated in a second column.

#### b) Missing a gate:

In order to enable gate judges to clearly identify a racer missing a gate, the gate judges must mark every single racer on their start list whether he correctly passed a gate or not. When racers arrive wearing bibs not following the normal sequence of their start order, they may not be identified correctly when needed. Inform your gate judges to keep “calling contact” with their neighbouring colleagues to double-check bib numbers of racers passing.

#### c) To avoid identical bib numbers use only one complete set of bibs (on special order) for the whole field. In the worst case no more than 2 sets of clearly different colors, separating B/C and A.

#### d) Preparing bibs for distribution (1 to about 500) arrange ascending numbers in the order from “old to young” (assigned by the year of birth), Women first, then Men, in the sequence of the Categories C, B to A. This helps racers to identify age groups and calculate their own starting time while waiting for their start.

## **D) "FIS MASTERS CUP FINALS" – SPECIFIC REGULATIONS**

### **MA 81) OVERALL MASTERS CUP**

Each year there is an "Overall Masters Cup Winner" in each class, corresponding to the "FIS World Cup". In all FIS Masters Cup Races (appr. 40-50 per Competition Year, 6 of them reserved for South America and 8 to North America) the first 30 racers in each class receive FMC-Points to be added up throughout the year. Additionally to the Overall FIS Masters Cup winners in each class, Overall Titles per Category (A, B and C) and per Discipline (Giant Slalom, Slalom and Super-G) will be awarded. No Overall Title per Category will be awarded for Alpine Combined.

### **MA 82) POINT CALCULATION**

Winner, of the Overall Masters Cup in each Class, is the racer accumulating the highest number of points taking into account his 12 best rankings of the season - regardless of the event. As double points are awarded in the FMC Finals (see Rule MA)83 ), if a racer gained higher points in the Finals than in the regular season, those higher points will be computed even if they are not his/her best rankings. To enter the Final Overall Classification a racer must have finished and achieved an official ranking in a Minimum of 6 FIS MC Races (DNF and DSQ not to be counted).

Points for rankings:

1<sup>st</sup>: 100, 2<sup>nd</sup>: 80, 3<sup>rd</sup>: 60, 4<sup>th</sup>: 50, 5<sup>th</sup>: 45, 6<sup>th</sup>: 40; 7<sup>th</sup>: 36, 8<sup>th</sup>: 32, 9<sup>th</sup>: 29, 10<sup>th</sup>: 26, 11<sup>th</sup>: 24; 12<sup>th</sup>: 22; 13<sup>th</sup>: 20, 14<sup>th</sup>: 18, 15<sup>th</sup>: 16, 16<sup>th</sup>: 15 etc. until 30<sup>th</sup>: 1.

For the Overall Title by Category (A, B and C) a maximum of eighteen valid results (best rankings) are to be considered comprising a maximum of 7 Slaloms, 7 Giant Slaloms and 4 Super-G. As double points are awarded in the FMC Finals (see Rule MA)83), if a racer gained higher points in the Finals than in the regular season, those higher points will be computed even if they are not his/her best rankings.

The handicap factor for each year of birth will be defined by the Sub-Committee for Masters Racing.

For the Overall Title by Discipline a maximum of four valid results for Super-G will be counted and for the Technical Events (Slalom and Giant Slalom) a maximum of seven valid results. As double points are awarded in the FMC Finals (see Rule MA)83 ), if a racer gained higher points in the Finals than in the regular season, those higher points will be computed even if they are not his/her best rankings.

The handicap factor for each year of birth will be defined by the Sub-Committee for Masters Racing.

### **MA 83) DOUBLE FIS MASTER CUP POINTS AT FINALS**

For the FIS MC Finals (generally SL and GS), the racers are awarded double points as defined by rule MA 82)

Points for FIS MC Finals:

1st: 200, 2nd: 160, 3rd: 120, 4<sup>th</sup>: 100, 5th: 90, 6th: 80; 7th: 72, 8th: 64, 9th: 58, 10<sup>th</sup>: 52, 11th: 48; 12th: 44; 13th: 40, 14th: 36, 15th: 32, 16th: 30 etc. until 30th: 2.

If the FIS MC finals are scheduled and executed within the World Criterium week, only the additional FIS MC Race (generally GS) will receive the double points.

If no additional FIS MC Race is scheduled or executed at the World Criterium week there will be no double points race.

#### **MA 84) TIE BREAK RULE**

In case of a tie in points for 1st, 2nd or 3rd place for the Overall Masters Cup Winners, the tie is to be broken according to the following system:

- a) Winner is the racer showing the lower sum of race points of his 9 best placing after the last race.
- b) In case that his 10th or 11th etc. best result is an equal ranking to his 9th best, those with the lowest race points have to be considered.

Example:

A racer has 8 first places and 3 second places. If a tie is to be broken,

- the eight first places are taken into consideration and their points are summed up (regardless whether some of his second or third places may have lower race points)
  - to find the ninth result to be considered: out of his 3 second places the one with the lowest race points will be considered.
- c) The same rule applies (lowest sum of race points) if 2 or more racers achieve an equal sum of points from a different number of rankings (can be from 6, 7, 8 or 9 races).

For the Overall Title by Category (A, B and C) and Overall title by Discipline (Super-G, Slalom and Giant Slalom), in case of a tie for 1<sup>st</sup>, 2<sup>nd</sup> and/or 3<sup>rd</sup> place, the tie will be broken in favor of the oldest athlete.

#### **MA 85) ORGANIZERS' DUTIES**

The "FIS Masters Cup Finals" take place annually at the end of the Competition Year. The Organizers are requested to fulfill the following specific duties:

Organizing 2 or 3 Masters Cup races (SL, GS, possibly also a Super-G) ending on a Saturday. (The day of the Closing Banquet).

#### **MA 86) COMPLETING OVERALL CLASSIFICATION**

The Organizers will receive an accumulated classification containing all previous Masters Cup races up to the last event. In case of the responsible expert calculating these points is unable to attend, the Organizers are responsible for completing the Classification between the last race and the Banquet on the same evening. Electronic software will be supplied. Completed Overall Result Lists are to be finished to enable the performance of the Awards Ceremony.

**MA 87) PRIZES**

The FIS S/Committee Masters will supply substantial Trophies for the first 3 Winners in the Overall Ranking of each class. In addition the FIS will supply appropriate Diplomas which have to be completed by the Organizers who fill in the names of the Racer, Nation, Ranking and FIS MC Points (if not possible for all athletes ranked in the Overall Classification, prepare at least 5 in each class for the Award Ceremony, the rest to be mailed later).

**MA 88) AWARDS – CLOSING BANQUET**

A festive Dinner Banquet (If no sponsor is found it may be charged to the racers) is to be organized Saturday evening as an elegant opportunity for the year's Closing Ceremony, starting with the race day's prize giving , followed by awarding the Overall Trophies. It is to be performed by the S/Committee Chair, assisted by the National Masters Chair and the Chair of the Organizing Committee.